[P. 240a] [illegible] Mono vs 25

W Y 787 782 181 so to obtain longevity. A man, like S.O., could ask his dream helper to cure or aid some other person, often a young relative, without being considered a real shaman. The desire for good health and long life was a common one; as voiced in prayerful address to the sun, moon, and stars it usually ran something like this: "I see you [Sun], I see you all the time. Help me to have a good life." Water, particularly that of springs, was thought to be immortal -- "it is everywhere all the time" -- and, if dreamed of, was a sponsor of longevity. Whenever S.O. came upon a little spring or creek he "sprinkled a little bit on himself so he would live long."

W Y 787 778 776 The dream, the dream helper, and the talismans used to represent the helper were all called by the same term, ainič. The talisman was usually some part of the animal dreamed of, and while, as a profane object, it might be secured by purchase, it was nevertheless sacred and empowered with the supernatural force, tiˊpni. Once it became a talisman, it was never sold.

A dream helper could visit only one person at a time, but yet might visit several persons the same night. [The likelihood of many persons having the same dream the same night is slight; and the fact might not happen to be disclosed, as such matters were not spoken of in open or common conversation.] When a talisman of a certain helper has been used once, it loses its power and must be redreamed. Hence the need for several dream helpers and talismans if one wanted much and dependable supernatural power. Talismans were loaned among friends and worked as well for another as for the owner. (Wukchumni mention thefts of these.) But they were never sold. Shamans frequently assisted each other by lending talismans, or, retaining them themselves, used them to help another accomplish his purpose.[178]

W Y 787 828 As to the nature of dreaming, S.O. could only say that it was one's spirit moving about and having the experience. "When you go to sleep, you walk around some place. I have gone off to those springs around here lots of times. Your spirit [aha ˊbawa, Michahai] goes anywhere." It is the ahabawa that has <u>all</u> dream experience: people who meet in dreams are ahabawa. To illustrate this further S.O. said he once had a home in Drum Valley where he was very happy, living with his wife, and after her death he continued to live there with his mother-in-law. Now, even today, his ahabawa goes over there: he sees the place, although he is blind and he knows the house is no longer there. He often

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[178] This was especially true when shamans allied for nefarious purposes (cf. Gayton, Yokuts-Mono Chiefs and Shamans, 393).